

**Hallowed Homecoming: A Samhain Retreat
2021
Event Menu**

*Items marked with **V** are Vegan or Vegetarian Friendly, or a Veg*n option is available. Assume items are Vegan unless stated otherwise.*

*Items marked with **GF** are Gluten-Free, or a GF option will be available
Items marked with **AF** are Allium-Free, or an AF option will be available*

Thursday, 28 October

Breakfast: None

Lunch: None

Dinner: **(STAFF ONLY) TBD**

Friday, 29 October

Breakfast: **(STAFF ONLY)**
Scrambled Eggs
Pancakes
Bacon

Lunch: **(EARLY ARRIVALS AND STAFF)**
Grilled Cheese
Tomato-Basil Soup

Dinner: Pasta Bar
-Bow Tie & Spiral Pastas **(GF)**
-Alfredo, Marinara **(V, AF, GF)**, Pesto
-Meatballs **(GF, AF)**
-Parmesan
-Fresh Tomatoes
-White Beans
-Steamed Broccoli
-Spinach
Green Salad **(V, GF, AF)**
Garlic Bread **(V, GF)**
Apple Cake **(V, GF, AF)**

**Hallowed Homecoming: A Samhain Retreat
2021
Event Menu**

*Items marked with **V** are Vegan or Vegetarian Friendly, or a Veg*n option is available. Assume items are Vegan unless stated otherwise.*

*Items marked with **GF** are Gluten-Free, or a GF option will be available
Items marked with **AF** are Allium-Free, or an AF option will be available*

Saturday, 30 October

- Breakfast:** Overnight Oats w/toppings (**V, GF**)
Egg & Cheese Casserole (**AF**)
Veg*n Breakfast Casserole (**V, GF**)
Breakfast Baked Goods/Leftover Apple Cake (**V, GF**)
- Lunch:** Tomato-Basil Soup (**V, GF**)
Pasta Salad w/Chicken & Veg (**V, GF, AF**)
Green Salad w/Chilled Fish (*Salmon or Cod*) (**V, GF, AF**)
Dinner Rolls
- Dinner:** Pork Casserole/Stew (*thick & hearty with lots of veg*) (**GF**)
Veg*n Casserole/Stew (*the above stew minus the pork*) (**GF, AF**)
Whole-grain Flat Breads (*butter, olive oil & honey on the side*) (**GF, V**)
Baked Apples
Honey Cake
- Post-Rit:** Leftovers – cakes, breads
Popcorn
Hot Cocoa

**Hallowed Homecoming: A Samhain Retreat
2021**

Event Menu

*Items marked with **V** are Vegan or Vegetarian Friendly, or a Veg*n option is available. Assume items are Vegan unless stated otherwise.*

*Items marked with **GF** are Gluten-Free, or a GF option will be available
Items marked with **AF** are Allium-Free, or an AF option will be available*

Sunday, 31 October

Breakfast: Overnight Oats w/Toppings (**V, GF**)
Breakfast Casseroles (**V, GF, AF**)
Leftover baked goods, fruits, etc. (**V, GF**)

Lunch: Leftovers – it all must go! Zippy bags also provided!